

**SHERRY DENTAL PC**  
[www.sherrydental.com](http://www.sherrydental.com)

**SLEEP QUESTIONNAIRE**

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

|   | YES   | NO    |
|---|-------|-------|
| DO YOU SNORE?   | _____ | _____ |
| IS SNORING A PROBLEM FOR YOU?                         | _____ | _____ |
| DOES YOUR SIGNIFICANT OTHER SNORE?                    | _____ | _____ |
| IS SNORING A PROBLEM FOR YOUR RELATIONSHIP?           | _____ | _____ |
| HAVE YOU BEEN TOLD YOU STOP BREATHING WHEN YOU SLEEP? | _____ | _____ |
| HAVE YOU EVER HAD A SLEEP TEST?                       | _____ | _____ |
| ARE YOU MORE THAN 30LBS OVER WEIGHT                   | _____ | _____ |
| ARE YOU HAVING TROUBLE LOSING WEIGHT?                 | _____ | _____ |
| DO YOU WAKE UP EXHAUSTED IN THE MORNING?              | _____ | _____ |
| DO YOU EXPERIENCE DAYTIME SLEEPINESS?                 | _____ | _____ |